

Inverclyde Primary School Menu 2018-19

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Melon
Option 1	Chicken grill with Mash potato	Sausage with mash potato	Chicken curry with rice	Lasagne	Fish and Chips
Option 2	Macaroni Cheese (v)	Pasta bake with garlic bread (v)	Cheese and tomato Pizza (v)	Fish fingers with mash potato	Chicken burger in a bun
Option 3	Toasted sandwich Selection	Panini Selection	Sandwich selection	Baguette selection	Wrap selection
Baked Potato	Various fillings				
Served daily	Seasonal Vegetables, Fresh fruit, bread, salad bar				
Dessert	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Muffin	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Homemade biscuit	Fruity Friday Yoghurt

Week commencing

13 th Aug 18	3 rd Sept 18	24 th Sep 18	22 nd Oct 18	12 th Nov 18
3 th Dec 18	7 th Jan 19	28 th Jan 19	18 th Feb 19	17 th Mar 19
1 st April 19	6 th May 19	27 th May 19	11 th June 19	

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<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Melon
Option 1	Italiano chicken fillet with savoury rice	Mince(pie) with mash potato	BBQ Pork with mash potato	Spaghetti Bolognaise	Fish and Chips
Option 2	Cheese and tomato pizza(v)	Breaded salmon or Salmon fingers with mash potato	Macaroni Cheese (v)	Quorn burrito wrap(v)	Beef burger in a bun
Option 3	Toasted sandwich Selection	Panini Selection	Sandwich selection	Baguette selection	Wrap selection
Baked Potato	Various fillings				
Served daily	Seasonal Vegetables, Fresh fruit, bread, salad bar				
Dessert	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Caramel flan	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Sponge cake	Fruity Friday Yoghurt

Week commencing

20 th Aug 18	10 th Sept 18	1 st Oct 18	29 th Oct 18	19 th Nov 18
10 th Dec 18	14 th Jan 19	4 th Feb 19	25 th Feb 19	16 th Mar 19
22 nd April 19	13 th May 19	3 rd June 19	24 th June 19	

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Melon
Option 1	Chicken curry with rice	Steak pie with mash potato	Turkey meatball sub or pasta	Roast Turkey with roast potatoes	Fish and Chips
Option 2	Tomato and basil pasta(v)	Vegetable chow mein(v)	Cheese and tomato Pizza (v)	Omelette with beans and toast (v)	Pork sausage in a bun
Option 3	Toasted sandwich Selection	Panini Selection	Sandwich Selection	Baguette selection	Wrap selection
Baked Potato	Various fillings				
Served daily	Seasonal Vegetables, Fresh fruit, bread, salad bar				
Dessert	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Homemade biscuit	Fresh Fruit Yoghurt Jelly	Fresh Fruit Yoghurt Iced sponge	Fruity Friday Yoghurt

Week commencing

27 th Aug 18	17 th Sept 18	8 th Oct 18	5 th Nov 18	26 th Nov 18
17 th Dec 18	21 st Jan 19	11 th Feb 19	4 th Mar 19	25 th Mar 19
29 th April 19	20 th May 19	10 th June 19		